

# Malabar B.Ed Training College



**STUDENT TEACHERS' HANDBOOK**

**ACADEMIC CALENDAR 2023-24**





# Malabar B.Ed Training College

(Affiliated to Kannur University, Recognized by NCTE New Delhi)  
Thiruvonapuram, Peravoor, Kannur, Kerala, 670673  
AISHE CODE: C-43818

## HANDBOOK & CALENDAR

2023-2024

Name:.....

Class:.....Programme:.....

Admission No. .... Class No.....

Date of Birth: ...../...../.....Blood group.....

Name of the Guardian: .....

Address.....

.....

### Contact:

Student: .....Parent/ Guardian:.....

Email: .....Aadhaar Number:.....

Vehicle, if any, Vehicle No.:.....Driving License No.....

Name of Tutor.....

### In case of emergency, please inform

Name of the Guardian: .....

Phone: .....

Mobile: .....

# *MISSION*

Empowering through values, enriching through education, enlightening  
our future

# *MISSION*

Empowering educators with holistic training, ethical values, innovative  
strategies to excel in the dynamic field of education and fostering a new  
era of enlightened learning.

## Prayer

O God, Grant us wisdom as we learn,

Strength to face each new concern.

Guide our steps along the way,

As we strive for success each day.

May knowledge be our guiding light,

And understanding be our constant sight.

Bless our college, our home of learning, our parents, our teachers and friends

With grace and knowledge, ever-burning. We thank you for all the blessings that we have received

## പ്രാർത്ഥന

യാ കുമ്പസാരം തുഷാരഹാര ധവളാ

യാ ശുഭ്ര വസ്ത്രാവൃതാ

യാ വീണാ വരദണ്ഡമണ്ഡിതകരാ

യാ ശ്ലോകപദ്മാസന

യാ ബ്രഹ്മാച്യുത ശങ്കര പ്രഭൃതിഭിഃ

ദേവൈസ്സദാ പുജിതാ

സാ മാം പാതു സരസ്വതീ ഭഗവതീ

നിശ്ശേഷ ജാഡ്യാപഹാ

# MANAGEMENT

Malabar Educational & Charitable trust  
Kannur

***Manager***

Sri. Valsan Matathil

***Secretary***

Smt. Sreeja K

***Principal***

Smt. Indu K Mathew

## **About the college**

Malabar B.Ed. training college is managed by Malabar Educational and Charitable Trust, Kannur at Thiruvonappuram Peravoor . The college is located in Thiruvonapuram, peravoor Panchayath, Kannur district. Total land area 5.20 acres and floor area is 2003.07 sqm. The college is situated 2.5km away from Mananthavadi - Thalassery road. The institution is recognized by NCTE and affiliated to Kannur University.

Our college illuminates and nurtures the competency and efficiency of students aspiring success in the field of Education. Sri.Valsan Matathil, efficient diligent person is the founder patron of this college. Being a teacher himself, it was his long-cherished dream to start a college of education easily accessible to the people in the remote area of Malabar. The college offers B.Ed. course of two years duration comprising of core, elective papers and optional papers.

It offers instruction in six pedagogic courses, namely, English, Malayalam, Mathematics, Natural Science, Physical Science and Social Science. Apart from these optional papers, students also undergo practice teaching in schools. The college has strength of 215 student teachers. The Institution boasts of a well-established library and a team of efficient and sincere teaching and non-teaching staff.

## **Principal's message**

Dear Malabarians,

It is with immense pleasure and enthusiasm that I extend a warm welcome to all our students, faculty, staff, and stakeholders to the Malabar family. As the proud Principal of this esteemed institution, I am honored to embark on this academic journey with each one of you.

At Malabar B.Ed. Training College, we are committed to fostering an environment that nurtures holistic development, academic excellence, and a passion for lifelong learning. Our dedicated faculty, state-of-the-art facilities, and innovative programs are designed to empower our students with the knowledge, skills, and values necessary for success in the dynamic and ever-evolving global landscape.

As we embark on a new academic year, I encourage each student to embrace the opportunities for growth, discovery, and collaboration that our college offers. Our commitment to academic rigor is complemented by a rich tapestry of extracurricular activities, ensuring a well-rounded educational experience. I encourage every student to explore their interests, engage in community service, and contribute to the vibrant tapestry of our college life.

To our esteemed faculty and staff, I extend my deepest appreciation for your dedication to academic excellence and your unwavering commitment to the success of our students. Your passion for teaching and mentoring plays a pivotal role in shaping the future teachers, the moulders of the future generation. As we navigate the academic year together, let us foster a culture of respect, collaboration, and inclusivity. Our college is not just a place of learning; it is a community where diverse perspectives come together to create a dynamic and enriching educational experience. I look forward to a year filled with accomplishments, shared successes, and a sense of pride in being a Malabarian. Together, let us create a legacy of excellence that will inspire and resonate for generations to come.

Wishing you all a fulfilling and successful academic year!



## Succession list of Principals

1. Prof.O.C Manomohan -2005-2007
2. Dr. Unnikrishnan - 2007-2012
3. Smt. Indu K Mathew -2012 onwards

## College Council

The College Council consists of the principal and head of department of each subject (members of the staff council) Librarian and the ministerial head of administrative staff of the college office.

## Staff Council

The college council is constituted to advise and assist the principal in academic and non-academic matters. All the members of the teaching staff will be the members of the college council. If, however, the principal is not available to preside over a meeting or session the principal in charge will preside over the meeting. The council will elect one of its members as the secretary who will hold office for one year but shall be eligible for re-election. It shall be the duty of the secretary to give notice of meeting of the council and keep record of its proceedings. Not less than two days' notice of meetings shall ordinarily be given to each member but the principal can summon the council at any time. The agenda paper should ordinarily accompany the notice of the meeting.

## Faculty Members

Sl.No	Name	Designation	Phone Number
1	Smt.Indu K Mathew	Principal MSc, MEd,NET	8281474421
2	Smt. Meera Thomas K	MSc, MEd,	7012876586
3	PreethaKuriakose	Mcom,MEd	9495617699
4	Neenu James	MA,MEd	9400706722
5	Abitha.M.K	MA,MEd,NET	9746225157
6	SruthiSugunan.P	MSc,MEd,NET	9746910031
7	Libi.K.R	MPed,NET	8129426378
8	Dhanya	MSc,MEd,NET	7356952193
9	Vijisha.P.P	MA,MEd,NET	7356952193
10	Akhila Antony	MA,MEd,NET	8547690002
11	Bhavya.K.K	MSc,MEd,NET	9446188002
12	Navya.K.R	MSc, MEd,NET	9061536125
13	Ruby M Joseph	Mcom,MEd,NET	9645530845
14	Anjuna.M.P	MSc,MEd,NET	9048013318
15	Ashna Baby	MA,MEd,NET	9048013318
16	Kavitha		9495834409

## Guest Faculty

Sl.No	Name	Designation	Phone Number
1	Reshmi.KM	MA,MEd	8281578764
2	Vinaya.K	MSc,MEd	9695918181

## Administrative Staff

Sl.No	Name	Designation	Phone Number
1	Mohanan AC	Office Superintendent	9496236498
2	Vanisree A	Clerk	7907169652
3	Prajith.P	Computer Assistant	
4	Narayanan.C	Peon	9400761517
5	Mini.K	Sweeper	9656567657

## Library Staff

Shyma.K

Librarian

9446793819

## Academic calendar committee

Academic Calendar Committee is typically a group within an educational institution responsible for creating, reviewing and approving the academic calendar for the institution. Its composition may vary depending on the size and structure of the institution but often includes representatives from various departments faculty members administrators and sometimes student representatives.

In addition to academic calendar before the commencement of the each semester, The concerned coordinators of B.Ed program prepare and publish semester plan in consultation with the academic calendar committee.

The semester plan Incorporates information about the beginning and end of each semester. Calculator activities specified in the syllabus, dates of practical courses internal exams and university exams which enables the learners to prepare in advance. It also enables the institution to incorporate.

The committee consists of

1. Indu K Mathew (Principal)
2. Meera Thomas K (Chairman)
3. Preetha Kuriakose
4. Neenu James

# Courses Offered

B.Ed Regular:

- English
- Malayalam
- Mathematics
- Natural science
- Physical science
- Social science

## B. Ed Degree course Curriculum

Total marks for the Programme : 1500

Duration of the programme - Two Years comprising 4 semesters

Semesters	Period	No. of working days	Remarks
I	June to October	100	
II	November to March	100	April/May Summer vacation School Acclimatization programme in November.
III	June to October	100	80 days/ 15 weeks in school (internship)+ one week for demonstration/criticism classes
IV	November to March	100	

# Curriculum Content

The two year B.Ed programme of NCTE curriculum framework comprises three broad curricular areas stretching across four semesters (1) perspectives in Education , (11) curriculum and Pedagogic studies and (!!!) Engagement with the Field.

There are six courses under perspectives in Education and four courses under curriculum and pedagogic studies including electives and four courses of enhancement of professional capacities (EPC) under engagement with the field. Couple of courses are stretched into parts 1 and 11 in order to space out the learning load and make for easier internalization. Part (111) courses are essentially meant for sensitizing student teachers to specific dimensions of their development as teachers.

## List of courses

### Core Courses

Sl.No	Course No	Name of course
1	BED C 101	Psychology of childhood and growing
2	BED C 102	Contemporary India and Education
3	BED C 103	Language Across the Curriculum
4	BED C 201	Psychology of Learning and Teaching
5	BED C 202	Knowledge and Curriculum-part 1
6	BED C 401	Gender, school and society
7	BED C 402	Knowledge and Curriculum- part 11
8	BED C 403	Creating an Inclusive school

## Pedagogic courses

BED P 101. Understanding Discipline and Subject (English, Malayalam, Mathematics, Natural Science, Social Science)

BED P 201 Pedagogy of school subject part 1 (optional subject concerned)

BED P 202 Assessment for Learning (Optional subject concerned)

BED P 301 Pedagogy of school subject part 11 (optional subject concerned)

## Elective Courses

BED E 401 . 1	Guidance and counseling
BED E 401 . 2	Health and physical Education
BED E 401 . 4	Environmental Education

## Courses on Enhancing Professional Capacities (EPC)

- EPC 01 - Reading and Reflecting on Text
- EPC 02 - Drama and Art in Education
- EPC 03 - Critical Understanding of ICT
- EPC 04 - Understanding the Self

## Course Structure of the Programme

Courses	Sem 1	Sem 2	Sem 3	Sem 4
Core Courses	BED C. 101 BED C. 102 BED C. 103	BED C. 201 BED C. 202		BED C. 401 BED C. 402 BED C. 403
Pedagogical Courses	BED P. 101	BED P. 201 BED P. 202	BED CP. 301	
Elective Courses				BED E. 401
EPC Courses Internal Evaluation	EPC 01	EPC 02		EPC 03 EPC 04

## Scheme of Examination (Semester wise Details)

The student teachers shall be required to study 4 courses each during the first, second and fourth semester, and one course during the third semester apart from Physical Education and Practical and EPC courses. Each theory courses have the component of internal and external assessment. The external assessment shall be based on the student achievement in the Term End examination in the theoretical components and internal assessment shall be based on the student teacher's performance in the practicum components. The Project / assignment/ task in the practicum component shall be assessed internally. The weightage in terms of mark for different courses (theory internal is given below)

### Semester I

Course Code	Course	Mark External	Internal	Total
BED C .101	Psychology of childhood and growing up	80	20	100
BED C .102	Contemporary India and Education	80	20	100
BED C .103	Language Across Curriculum	50	10	60
BED P .101	Understanding Discipline and Subject	50	10	60
EPC 01	Reading and Reflecting on Text	-	50	50
	Total For Theory	260	110	370
	Physical Education	-	30	30
	Total	260	140	400

### Semester II

Course Code	Course	Mark External	Internal	Total
BED C 201	Psychology of Learning and Teaching	80	20	100
BED C 202	Knowledge and Curriculum Part 1	50	10	60
BED P 201	Pedagogy of school subject part 1 (optional subject concerned)	50	10	60
BED P 202	Assessment for Learning (optional subject concerned)	80	20	100
EPC 02	Drama and Art in Education	-	50	50
	Physical Education Practical	-	30	30
		-		
	Total	260	140	400

## Semester III

Course Code	Course	Mark External	Internal	Total
BED P 301	Psychology of school subject Part 11 (optional subject concerned)	50	10	60
	School internship 15 week	-	200	200
	Practicum during internship	-	90	90
	Total	50	300	350

### *Break up of 90 marks*

	Mark
Record of Practice Teaching	10
Record of Demonstration /Criticism	10
Handling of Health and Physical Education class	20
Learning Aids	10
Observation Record of a regular classroom of a teacher	10
Case study of action Research	10
Blue print & Question paper	10
Working with school programmed (Art festival /sports and games etc.)	10
Total	90
Total for the 3 <sup>rd</sup> Semester	350

## Semester IV

Course Code	course	Mark External	Internal	Total
BED C 401	Gender school and society	50	10	60
BED C 402	Knowledge and Curriculum part 11	50	10	60
BED C 403	Creating an inclusive school	50	10	60
BED E 401.1	Guidance and Counselling	50	10	60
BED E 401.2	Health and Physical Education	50	10	60
BED E 401.4	Environmental Education	50	10	60
EPC 03	Critical understanding of ICT	-	30	50
EPC 04	Understanding the self	-	50	50
	Physical Education Practical	-	10	10
	Total	200	150	350



## Criteria for Internal Assessment

Attendance	4	4
Test	2	6
Assignment	2	4
Task	2	6
<b>Total</b>	<b>10</b>	<b>20</b>

### Criteria For Distributing Marks for Attendance

Attendance	Marks
Above 90%	4
85- 90%	3
80-85%	2

### Assessment of Internship Activities

- |   |           |
|---|-----------|
| 1. Regular Class room teaching delivery of 60 lessons     | 200 marks |
| 2. Record of Practice Teaching                            | 10 marks  |
| 3, Record of 5 Demonstration classes/ 8 Criticism classes | 10 marks  |
| 4. Handling of Health & Physical Education Class          | 20 marks  |
| 5. Learning Aids      10 marks                            |           |
| 6. Observation of 5 lessons of a regular teacher          | 10 marks  |
| 7. *Case Study/ Action Research                           | 10 marks  |
| 8. Blue Print and      Question Papers                    | 10 marks  |
| 9. Working with School Programme                          | 10 marks  |
| (Arts Festival/Red Cross/Sports & Games, etc.)            |           |
| *Case Study/Action Research                               |           |

All the student teachers must identify a topic during the second semester and make proposal for Action Research/ Case Study to be completed during the internship programme. The report shall be submitted for verification during the practical examination.

#### Learning Resources

ICT integrated learning aids, models and still models used during the internship are to be submitted for evaluation. Preparation and use of charts,

## Organization of EPC Courses

All the EPC courses shall be organized as per the instructions/guidelines given in each syllabus. Some of the contents in the EPC courses, though outlined in a semester in the two-year programme, need not be confined to that semester. Rich and varied experience across the semesters should be provided to students with the necessary credit hours gained throughout the programme. A record of the activities oriented towards the same may be beneficial in monitoring the EPC courses.

*EPC 01: Reading and Reflecting on Texts:* Forty contact hours shall be utilized for developing proficiency in reading, writing, speaking, etc. The course shall be conducted as per the guidelines given in the syllabus under the leadership of Language faculty members of the college. Students shall be directed to submit reading reflections after completing each reading assignment.

### Criteria for awarding Marks

1. Test : 10 Marks
2. Tasks on Narrative Writing : 10 Marks
3. Tasks on Expository Writing : 10 Marks
4. Tasks on Journalistic Writing : 5 Marks
5. Tasks on Educational Writing : 5 Marks
6. Tasks on Subject-related Reference Books: 10 Marks

*EPC 02: Drama and Art in Education:* The course on Drama and Art in Education needs to be conducted in the mode of workshops (minimum five days, preferably in two phases of 2 and 3 days) by professionals trained in drama, theatre, folk arts, music, and fine arts and coordinated by faculty members

### Criteria for awarding Marks

1. Workshop involvement : 10 Marks
2. Skill in Drama
3. Individual performance in arts (two items) : 10 Marks
4. Group performance in arts (two items) : 10 Marks
5. Documentation : 10 Marks

*EPC 03: Critical Understanding of ICT:* The course should enable prospective teachers to learn integrating technology tools for teaching learning material development, developing collaborative networks for sharing and learning. This course shall be integrated with every day teaching learning process and special training can be given through well-equipped ICT labs in teacher education colleges under the guidance of faculty members. ICT learning materials are to be produced based on all courses.

### Criteria for awarding Marks

1. Test : 10 marks
2. Preparation of Power Point documentary (Individual task) : 20 marks
3. Handling of Class (Optional/General) by using ICT resources –one : 10 Marks
4. Preparation of Educational Video of 5 minutes duration (Individual product): 10 Marks

Course *EPC 04: Understanding the Self*: The course shall be conducted in workshop mode, preferably in five phases giving weightage to each theme under the guidance of physical education director and other faculty members. A Study tour also shall be organized by the institution at their convenience as a part of the course, understanding the self.

Criteria for awarding Marks

1. Workshop Involvement : 05 Marks
2. Assignment based on any theme of the paper : 10 Marks
3. Record of Activities including case study, biographies, reflective journal : 10 Marks
4. Reflective skills : 10 Marks
5. Test : 10 Marks
6. Field Trip/Study Tour : 05 Marks

## Pattern of Question Paper

For 80 marks

Time: 3 hours

Max Mark 80

Part	Type of Question	No of Question	Mark
1	Short answer type	10	20
11	Short essay type	8/10	40
111	Essay type	2/3	20
Total		20	80

For 50 marks

Time: 2 hours

Max Mark 50

Part	Type of Question	No of Question	Mark
1	Very Short answer type	6	6
11	Short answer type	5	10
111	Short essay /problem solving	6/8	24
1V	Essay type	1/2	10
Total		18	50

**SEMESTER PLAN**  
**B.Ed First Semester**  
**(2023-25 Batch)**

<b>DATE</b>	<b>PROGRAMME</b>
August 7, 2023	First Semester Commences
August 24- 25, 2023	Talents Day
December 10, 2023	Task and Assignment for Courses
December 14, 2023	First Semester Model Examination
January 3, 2024	First Semester University Examination
January 10, 2024	First Semester Ends

**B.Ed Second Semester**  
**(2023-25 Batch)**

<b>DATE</b>	<b>PROGRAMME</b>
January 15, 2024	Second Semester Commences
30 January, 2024	Sports Day
February 21-22, 2024	Drama Camp
March 1, 2024	Science Day
March 26-27, 2024	Arts Day

**B.Ed Third Semester**  
**(2022-24 Batch)**

<b>DATE</b>	<b>PROGRAMME</b>
July 25, 2023	Third Semester Commences
August 1, 2023	Workshop on Preparation of Learning Aids
August 07, 2023	Pre Internship Sessions Started
October 16, 2023	Phase II School Internship
November 07, 2023	Sharing of Experiences
November 9, 2023	Task and Assignment for Course
November 11, 2023	Third Semester Model Examination
November 15 -16 2023	Third Semester practical exam and Viva voice
December 19, 2023	Field trip of Malayalam Option
December 20, 2023	Field trip of Social Science, Physical Science Options
December 21, 2023	Third Semester Ends

**B.Ed Fourth Semester**  
**(2022-24 Batch)**

<b>DATE</b>	<b>PROGRAMME</b>
January 1 2024	Fourth Semester Begins
January 13, 2024	Sports Day
February 26-29, 2024	Tour
March 11, 2024	Workshop on Understanding the Self
March 12, 2024	Workshop on Yoga
March 26, 2024	Arts Day
June 03, 2024	Fourth Semester Model Examination
June 19, 2024	Fourth Semester University Examination
June 19, 2024	Fourth Semester Ends

## General Rules of Conduct

1. Trainees are expected to reach the class enough early. Late coming without valid reasons may be treated as an act of indiscipline. Those who are late due to unavoidable reasons should meet the principal or optional teacher and obtain permission to enter into the class room.
2. Trainees shall be clean and decent in appearance and dress. They should follow the dress code.
3. When the trainees meet for the first time in a day. They should wish each other. The trainees shall wish the members of staff in the same way.
4. No Trainees shall leave the class room or seminar hall when the class/ lecture is a progress except for unavoidable reasons and that too with permission. Leaving without permission is an act of indiscipline.
5. Crowding on the verandah or the doorway is an unwelcome behavior on the part of Trainees.
6. When a member of the staff or a visitor enters into the class. The Trainees shall stand up and will remain standing till the staff member or visitor is seated or has directed the trainees to sit down.
7. Furniture in the classroom should not be damaged or misplaced.
8. Trainees are expected to be in the library/ reading room when they have no classes. Loitering on the veranda or campus will be treated as indiscipline.
9. Use of mobile phones in the campus is strictly prohibited as it directed by departmental authorities. Trainees are advised to be punctual in the submission of Records. Seminar papers and assignments.

## Leave and Attendance Rules

Trainees are expected to be regular in the college. Absence without leave application will not be permitted. Application for leave in the prescribed format should be submitted sufficiently earlier and got it sanctioned by the authority.

Absence for the part of the day or full day without proper leave application shall be treated as absence for one full day. However, trainees can 10 days leave at a stretch, including holidays, on ground of illness, for which medical certificates should accompany the leave application. Absence from the class tests or examinations without convincing reasons, will be treated as indiscipline.

Leave shall not be granted on the days of demonstration-criticism classes practice teaching, practical examinations and terminal- Model examination.

# Library Rules

The college library shall be kept open from 9 AM to 5PM on all working days. All trainees are members of the library. They can borrow books on production of borrower's card.

Necessary arrangements for the issue of books will be done by the librarian. Trainees are to keep strict silence in the library.

Reference books will not be issued. Trainees are allowed to keep the borrowed library books with them only for a week. Leave/absence from the college will not be an excuse for delay in returning books.

Students shall not damage books or journals of library. They are also not allowed to bear out certain pages or mark up on the book. They should satisfy that the books are in good health when it is borrowed. Any how students can secure photocopy of relevant pages of the book with the permission of the librarian. Students shall not on any account sub-lend the library books.

The librarian may recall an issued book from the student, at any time even when the normal period of loan.

Trainees will have to return all books borrowed from library before collecting Admission Tickets for the University Examination.

The principal may make arrangements for issue of more books to students. If found necessary, considering the special work assigned to them.

At the time of loss or damage of a particular book, students are bound to replace the same book or remit the estimated cost as per rules from time to time.



## Staff in charges

- Meera Thomas - Curriculum Enrichment cell convenor, social science club convenor
- Preetha Kuriakose -IQAC – co-Ordinator, Exam cell convenor, peace forum convenor, green Campus
- Neenu James -Staff secretary, Anti-human trafficking convenor
- Libi.K.R -Sport club convenor, Anti-drug cell convenor, Health club convenor
- Vijisha.P.P -FACULTY Enrichment convenor, Anti-sexual harassment cell convenor
- Akhila Antony-Literary club, cultural committee convenor, staff editor
- Bhavya. K. K - Eco-club convenor, competitive exam of career guidance cell convenor
- Navya. K. R - Women Empowerment cell convenor, ICT coordinator
- Ruby.M.Joseph - Waste Management cell convenor
- Anjuna.M.P -NSS Convenor, Research cell convenor
- Ashna Baby -Staff Advisor, Placement cell convenor
- Reshmi.K.M -Grievance Redressal cell convenor
- Vinaya.K -Anti Ragging committee convenor

## Lab in Charge

- Psychology Lab -Preetha Kuriakose
- Science Lab -Bhavya.K.K

# College Magazine

The college magazine committee is a term of enthusiastic individuals who work together to bring out the best of creative talents in the college. The committee comprises of various individuals who contribute towards the creation selection and publication of the college magazine.

College magazine will be published at the end of every academic year.

## Editorial Board

Chief Editor -Principal

Staff Editor

Student Editor

Chairman and general secretary

Six students from each optional subjects nominated by the staff editor.

## Literary Club

Literary club aims to develop analytical and creative thinking skills. It enhances the literary skills of the students to bring to light the hidden talents among the students. It is organized by the students of Malayalam and English option. Poetry writing, story writing, recitation writing, extempore, debate, group discussion etc.... The best workers of the students can be rewarded. This would encourage them to participate more such competition.

## Cultural Committee

Cultural committee responsible to organize and promote all intra and inter collegiate cultural events in the college. To plan and schedule cultural events for the academic year. It is one of the most dedicated platforms whose main motive is to find our inner talent and abilities.

## Research Cell

The main objective of the cell is to conduct the research activities for faculty and students, it helps to raise their scientific mind. The research cell is responsible for informing students about their research opportunities and encouraging them to publish their research work in a reputed journals and presenting their work in a conference.

## NSS

NSS cell is being formed to develop social competency among students. It is considered as an educational programme for personality development of the students through different kinds of community services. It helps the students to improve various skills like communication, leadership qualities problem-solving skill, group processing skills etc.

## Physical Education/Sports and Games

Physical Education and sports activities are under the guidance of faculty in Physical Education Department. A Sports cell formed with the faculty of Physical Education. The general captain, The house captain and Vice captains are members.

All the students are the part of every sports events. All of them have to participate minimum 2 event in annual athletic meet conducted by the college and they have to participate one intramural activity. Our students are well aware about sports and Physical Education.

## ALUMNI ASSOCIATION

An alumni association is an organization formed by graduates or former students of a particular school college or university. Its purpose is to foster a sense of community among alumni and to maintain connections between alumni and their alma mater. An Alumni Association is operating in the college. The membership is open to all students who have passed out of this college. All students newly admitted are enrolled as life members of the college Alumni Association. The association contributes much to the progress of the college by providing fund for extension activities like seminar, poor aid fund and scholarships.

Alumni association president- Nithin Varghese

Alumni association secretary- Rahul TV

## INTERNAL QUALITY ASSURANCE CELL (IQAC)

An internal quality assurance cell is a common term in educational institution especially in India used to denote a body responsible for monitoring and ensuring the quality of Education and academic standards within the institution. The IQAC typically focuses on various aspects such as curriculum development teaching and processes research activities, infrastructure development, student support services. Its main objective is to facilitate continuous improvement and quality enhancement in all aspects of the institution's functioning. IQAC often play a crucial role in accreditation processes and continuous improvement efforts within institutions.

The Cell consists of following members:

- |                         |  |
|-------------------------|--|
| 1. Indu K Matthew       | Chairman (Principal)                   |
| 2. Ashna Baby           | IQAC Coordinator                       |
| 3. Sri. Valsan Matathil | Repr. Management                       |
| 4. Reena Manoharan      | Ward member                            |
| 5. Rahul TV             | Alumni                                 |
| 6. Agnes George         | Student                                |
| 7. Sunny Thomas         | Headmaster (St. Joseph's HSS Peravoor) |

### **Evaluation and examination committee**

To enhance the quality of continuous and the comprehension evaluation of whole programs and evaluation and examination committee is functioning in the college. The committee consists of following members:

- |                                  |                      |
|----------------------------------|----------------------|
| 1. Indu K Matthew                | Principal (Chairman) |
| 2. Meera Thomas                  | (Convenor)           |
| 3. Neenu James (Staff Secretary) |                      |
| 4. Ashna Baby                    |                      |
| 5. Preetha Kuriakose             |                      |
| 6. Vijisha PP                    |                      |
| 7. Akhia Antoony                 |                      |

### **Timetable committee**

To prepare the timetable for the B.Ed course during the academic year, a timetable committee functions in the college. The committee consists:

- |                      |                      |
|----------------------|----------------------|
| 1. Indu K Matthew    | Principal (Chairman) |
| 2. Preetha Kuriakose | (Convenor)           |
| 3. Anjuna MP         |                      |
| 4. Bhavya K          |                      |

### **College Union**

College union is an organization within a college that represents and serves the student body. The College Union often plays a central role in the campus life by providing opportunities for student leadership development. The objective of a college union is to enhance the overall college experience for students by providing opportunities for social interaction personal development and involvement in campus life. It serves as a platform for students to engage in

extracurricular activities access resources and support services and foster a sense of community and belonging on campus.

### **Fine Arts Committee**

A finance committee is a group within an organization often a school college or cultural institution dedicated to promoting and supporting various forms of the arts music literature and more. Committee organize programs on occasions of social relevance like Independence Day, Republic Day, Gandhi Jayanthi, Teaches Day, World Literacy Day, Onam, Eid, Christmas, New Year etc.

The committee consists:

- |                   |                                       |
|-------------------|---------------------------------------|
| 1. Indu K Matthew | Principal (Chairman)                  |
| 2. Bhavya K       | (Director of fine arts & celebration) |
| 3. Ashna Baby     | (Staff advisor)                       |
| 4. Greeshma PA    | (Fine arts secretary)                 |

### **PTA**

PTA is a collaborative organization comprised of parents, teachers and other staffs working together to support and enhance the educational experience of students. The members of PTA consist of:

President

Vice president

Secretary

Treasurer

All faculty members

All parents

Faculty in charge - Mrs. Preetha Kuriakose, Mrs. Meera Thomas, Mrs. Vinaya K

## **Extension service**

### **School adoption program**

One of the best practices of the college is that school adoption program. The college adopted government UP school, Vekkalam. The college extends material support and expert services for the overall quality improvement of the school. The faculty in charge is Mrs. Preetha Kuriakose.

### **Curricular and non-curricular activities**

#### **School internship**

The internship program forms an integral component of B.Ed course. It provides experiences to student teachers to connect theory to practice and help them acquire as perspective regarding functioning of school. School internship provide students with a valuable handsome experience opportunities for professional growth and insights into their chosen career path within the context of an educational environment. The internship will be organized for a continuous period of 16 weeks.

#### **Thought for the day**

Teacher trainees should participate in Thought for the day program conducted every day.

#### **Field trip/ tours**

Study tool for field trip is a compulsory curricula requirement. The college conduct field trips and tours suiting educational requirements of various categories of students.

#### **Competitions**

The college conduct competitions such as debates, essay writing, dance and music competitions, annual sports competitions etc.

#### **Celebrations**

The college celebrates various occasions of special relevance. They include Independence Day, Republic Day, Teacher's Day, Human Rights Day, Eid, Onam, Christmas etc.

### **National Service Scheme (NSS)**

One unit of NSS (unit no. 101) sanctioned to our institution during the year 2023. At present our unit is having 50 NSS volunteers. The Unity is actively involving in all services inside and outside the campus.

Mrs. Preetha Kuriakose is the NSS programme officer.

## ALMANAC 2023-24

JUNE 2023			
DATE	DAY	GENERAL ACTIVITY	CO-CURRICULAR ACTIVITY
1	THU	College Reopens after Summer Break	
2	FRI		
3	SAT		
4	SUN		
5	MON		World Environment Day
6	TUE		
7	WED		
8	THU		
9	FRI		
10	SAT		
11	SUN		
12	MON		
13	TUE		
14	WED		
15	THU		
16	FRI		
17	SAT		
18	SUN		
19	MON		
20	TUE		
21	WED		International Yoga Day
22	THU		
23	FRI		
24	SAT		
25	SUN		
26	MON		World Anti-drugs Day
27	TUE		World MSME Day
28	WED	Bakrid (Holiday)	
29	THU		National Statistics Day
30	FRI		

### July 2023

1	SAT		National GST Day
2	SUN		
3	MON		
4	TUE		
5	WED		
6	THU	Model Exam for IInd sem	World Zoonoses Day
7	FRI		
8	SAT		
9	SUN		
10	MON		
11	TUE		Population Day
12	WED		World Malaria Day
13	THU		
14	FRI		
15	SAT		
16	SUN		
17	MON		
18	TUE		
19	WED		
20	THU		
21	FRI		
22	SAT		
23	SUN		
24	MON		
25	TUE		
26	WED		
27	THU		
28	FRI	Muharram (Holiday)	
29	SAT		International Tiger Day
30	SUN		
31	MON		Premchand Day

### August 2023

1	TUE		
2	WED		
3	THU		
4	FRI		
5	SAT		
6	SUN		
7	MON		
8	TUE		



9	WED		
10	THU		
11	FRI		
12	SAT		International Youth Day
13	SUN		
14	MON		
15	TUE		
16	WED		
17	THU		
18	FRI		
19	SAT		
20	SUN		
21	MON		
22	TUE		
23	WED		
24	THU		
25	FRI	College closes for Onam Vacation	
26	SAT		
27	SUN		
28	MON		
29	TUE		
30	WED		
31	THU		

### September 2023

1	FRI		
2	SAT		
3	SUN		
4	MON	College opens after Onam vacation	
5	TUE		Teachers Day
6	WED	Sreekrishna Jayanthi (Holiday)	
7	THU		
8	FRI		
9	SAT		
10	SUN		
11	MON		
12	TUE		
13	WED		
14	THU		Hindi Diwas
15	FRI		
16	SAT		World Ozone Day
17	SUN		
18	MON		
19	TUE		
20	WED		
21	THU		
22	FRI	Sree Narayana Guru Samadhi (Holiday)	

23	SAT		
24	SUN		
25	MON		
26	TUE		
27	WED	Milad-i-Sherif (Holiday)	World Tourism Day
28	THU		
29	FRI		
30	SAT		

**OCTOBER 2023**

1	SUN		
2	MON	Gandhi Jayanthi (Holiday)	
3	TUE		
4	WED		
5	THU		
6	FRI		
7	SAT		
8	SUN		
9	MON		
10	TUE		
11	WED		
12	THU		
13	FRI		
14	SAT		
15	SUN		
16	MON		
17	TUE		International Day for the Eradication of poverty
18	WED		
19	THU		
20	FRI		
21	SAT		
22	SUN		
23	MON	Mahanavami (Holiday)	
24	TUE	Vijayadasami (Holiday)	
25	WED		
26	THU		
27	FRI		
28	SAT		
29	SUN		
30	MON		
31	TUE		

**NOVEMBER 2023**

1	WED		Kerala Piravi Day
2	THU		
3	FRI		
4	SAT		
5	SUN		
6	MON		
7	TUE		

8	WED		
9	THU		
10	FRI		
11	SAT		
12	SUN		
13	MON		
14	TUE		
15	WED		
16	THU		
17	FRI		
18	SAT		
19	SUN		
20	MON		
21	TUE		
22	WED		
23	THU		
24	FRI		
25	SAT		
26	SUN		
27	MON		
28	TUE		
29	WED		
30	THU		International Cyber Security Day

**DECEMBER 2023**

1	FRI		World AIDS Day
2	SAT		World Computer Literacy Day
3	SUN		
4	MON		
5	TUE		
6	WED		
7	THU		
8	FRI		
9	SAT		
10	SUN		Human Rights Day
11	MON		
12	TUE		
13	WED		
14	THU		National Energy Conservation Day
15	FRI		

16	SAT		
17	SUN		
18	MON		
19	TUE		
20	WED		
21	THU		
22	FRI		Ramanujam Day
23	SAT		
24	SUN		
25	MON		
26	TUE		
27	WED		
28	THU		
29	FRI		
30	SAT		
31	SUN		

**JANUARY 2024**

1	MON	College reopens after Christmas vacation	
2	TUE	Mannam Jayanthi (Holiday)	
3	WED		
4	THU		
5	FRI		
6	SAT		
7	SUN		
8	MON		
9	TUE		
10	WED		International Hindi Day
11	THU		
12	FRI		National Youth Day
13	SAT		
14	SUN		
15	MON		
16	TUE		
17	WED		
18	THU		Rajalakshmi Anusmaranam
19	FRI		
20	SAT		
21	SUN		

22	MON		
23	TUE		
24	WED		
25	THU		
26	FRI	Republic Day (Holiday)	
27	SAT		
28	SUN		Data Privacy Day
29	MON		
30	TUE		
31	WED		

**FEBRUARY 2024**

1	THU		
2	FRI		World Wetlands Day
3	SAT		
4	SUN		
5	MON		
6	TUE		
7	WED		
8	THU		
9	FRI		
10	SAT		
11	SUN		
12	MON		
13	TUE		
14	WED		
15	THU		
16	FRI		
17	SAT		
18	SUN		
19	MON		
20	TUE		
21	WED		<i>Loka Mathrubhasha dinam</i>
22	THU		
23	FRI		
24	SAT		
25	SUN		
26	MON		
27	TUE		
28	WED		National Science Day
29	THU		

**MARCH 2024**

1	FRI		
2	SAT		
3	SUN		
4	MON		
5	TUE		
6	WED		
7	THU		
8	FRI	Shivaratri (Holiday)	
9	SAT		
10	SUN		
11	MON		
12	TUE		
13	WED		
14	THU		International Mathematics Day
15	FRI		World Consumer Rights Day
16	SAT		
17	SUN		
18	MON		
19	TUE		
20	WED		
21	THU		World Water Day
22	FRI		
23	SAT		World Meteorological Day
24	SUN		
25	MON		
26	TUE		
27	WED		
28	THU	Maundy Thursday (Holiday)	
29	FRI	Good Friday (Holiday)	
30	SAT		
31	SUN		

### Leave form format

Name :

Roll no. & Option :

Date of leave :

Reason for leave :

No. of leaves already taken :

Signature of the guardian :

Signature of student with date :

Recommendation of tutor :

Order of the principal :



# **Malabar B.Ed Training College**

**(Affiliated to Kannur University, Recognized by NCTE New Delhi)  
Thiruvonapuram, Peravoor, Kannur, Kerala, 670673  
AISHE CODE: C-43818**